



OFFERING A HEALTHIER HEALTHCARE WORKPLACE

Those who provide care, need care too. Taking steps to improve the healthcare workplace enhances morale and productivity. Happier, healthier healthcare providers mean a more positive patient experience and a reduction in costs related to workplace injuries and illnesses.

35% of those who work in healthcare experience weight gain¹

84.2% of nurses experience low back pain, and 66.7% of the nurses evaluated this pain as "a pain with moderate severity"²

Occupational injury and illness with healthcare workers are among the **highest** of any industry sector³

¹ Wurtman, Judith J. PhD., (2016, Oct) *Why Are Health Care Workers Unhealthy?*, Retrieved from https://www.huffpost.com/entry/why-are-healthcare-worker_b_8330804

² Owayolu, Ozlem, RN, PhD (2014, Jan) *Frequency and severity of low back pain in nurses working in intensive care units and influential factors*, Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/24639834>

³ Seyfarth Shaw LLP (2014, April) *Healthcare Industry Receives New Fact Sheet on Musculoskeletal Disorders in Nursing and Residential Care Workers*, Retrieved from <https://www.environmentalsafetyupdate.com/osh-compliance/healthcare-factsheet-on-msds/>



Solve the wellness puzzle with products to create and promote **COMPLETE WELLNESS SOLUTIONS**

1. MOVEMENT

Add movement to increase energy, engagement and efficiency that seamlessly integrates into the workday. Choose the right Sit-Stand solution for the way you work.



Lotus™ Sit-Stand Workstations

Sit, stand and collaborate with a flexible workspace that flows with you

Smooth Lift Technology™ for easy height adjustment

Integrated cord management to keep nursing stations organized



Levado™ Height-Adjustable Desks

Create flexible areas to collaborate with or without chairs

Fast 90-second assembly saves you time and money

2. FLEXIBILITY

Enrich your wellness experience with accessories that encourage daily movement and protect private information for a more dynamic and healthier workspace.



Anti-Fatigue Mats

Promote productive movement and stretching with comfort throughout the day



Privacy Filters

Keep patient data confidential



Monitor Arms

Allow employees to position their monitors in an optimal position

Protects from eye, neck, shoulder and back pain

3. ERGONOMICS

Keep employees engaged and productive and help minimize the risk of costly musculoskeletal disorders from long hours in front of the computer.



Wrist Supports

Keep germs from spreading with Microban® protection

Health-V™ encourages a neutral wrist position and helps prevent repetitive motion injuries such as carpal tunnel syndrome



Back Supports

Helps alleviate lower back pain while sitting for long periods

Microban® antimicrobial protection helps keep product cleaner

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